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STAR OF MYSORE

OUR EVENING DAILY

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MYSURU Saturday 19th March 2022
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Mysouth

Rs. 23.6 cr. traffic fine in 3 years

State collected Rs. 660 crore traffic penalties between 2019 and 2021: Home Minister

Mysuru, Mar. 19 (BCT)- The City Police stands second in the State when it comes to traffic fine collection as between 2019 and 2021 — traffic offenders (violation of Motor Vehicle Act) have coughed up Rs. 23.6 crore.

Bengaluru City stands in the first place with a collection of Rs. 329 crore during the same period. Mysuru is closely followed by Hubballi-Dharwad where Rs. 18.9 crore was collected.

This is as per the data provided to the Karnataka Legislative Council by Home Minister Araga Jnanendra to the question raised by Mandya MLC Dinesh Gooligowda on Thursday. Statewide, the Government has collected a whopping Rs. 660 crore as traffic fines in three years.

However, according to the data provided by the Home Minister, of the Rs. 660 crore, Rs. 67.65 crore has been released in three years for various traffic and safety improvement projects in State. Of Rs. 67.65 crore, only about Rs. 47.09 crore has been spent by the local administrations.

A part of the amount was utilised for maintenance of signal lights, CCTV cameras, patrolling vehicles, interceptor vehicles and digital assistant device for Traffic Cops. The funds were also used for awareness campaigns and setting up of automatic number plate recognition with an intelligent recognition system on high-density corridors.

The data revealed that the highest traffic fine of Rs. 265.52 cr. was collected in 2021, followed by Rs. 208.47 cr. in 2020 and Rs. 186.97 cr. in 2019. Despite months of lockdown, 2020 yielded Rs. 265.52 cr.

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STAR OF MYSORE

"We believe comment is free, but facts are sacred."

Editor: M. GOVINDE GOWDA, M.A.

Mysuru, Saturday 19th March 2022

Police Public School wins Best Institution Award in NCC

Mysuru, Mar. 19- The NCC Junior Girls Wing of Police Public School, Mysuru, attached to 3 KAR NCC Battalion, Mysuru, has won the Best Institution Award (third place) recently.

A felicitation function was held in the presence of the Deputy Director General NCC - Karnataka and Goa Directorate, Air Cmde B.S. Kanwar, at the Christ University Main Campus Auditorium in Bengaluru Mar. 13.

The Award was received by School Principal Rennie Joseph Mendonce, in-charge ANO of the Battalion Lavanya and Komala, Senior teacher. Mysore NCC Group Commander Col. R.R. Menon and Commanding Officer in charge of 3 KAR NCC Battalion Col. Manoj Kumar Mishra were also present on the occasion to receive the award.

EDITOR'S BOTTOMLINE

Mohalla' means mock fights between contending armies, tussles without causing physical injury to each other. And these fights are a part of Hola Mohalla, a fair that's held every year in Anandpur Sahib, Punjab, around Holi. Hola Mohalla fair has a two-centuries-old history. It was initiated by the tenth Sikh guru, Gobind Singh ji, in Anandpur Sahib on Holi, to inspire the community and showcase the skills of his warriors, the Khalsa, in outdoor sports, such as Khundi di Khedari, tent-pegging astride a galloping horse. Martial arts – swordplay and archery – that were practised by his warriors daily under his guidance too were displayed in this fair. The Guru laid the tradition of rewarding on this occasion all those who showed exemplary talent, diligence and devotion.

The festival of Holi from then on gained a new significance at Anandpur Sahib. The festival of colour now showcased the talent of people in martial arts and horse riding. With this, Guru Gobind Singh added a touch of masculinity to the festival, infusing it with the martial spirit. A grand procession, about half-a-mile long, is taken out during Hola Mohalla, with the Nihang Sikhs in the forefront. In the vanguard of the procession, a gatka party stages mock encounters to display their swordsmanship skills, while the Nihangs, dressed in typical blue uniforms, adorned with weapons, ride along on horseback. Every now and then you can hear the congregation chanting 'Sat Sri Akal' loudly in unison. And as they march through Anandpur, they throw Holi colours, gulal, on onlookers.

The Hola Mohalla celebrations last for a week and also include kirtans, lectures and symposiums on Sikhism. Langar, a communal free kitchen, is also a key feature of the fair. It is organised in an open ground where 3,000-4,000 devotees can partake of the langar together. The rich and poor all mingle and are treated equally, irrespective of the caste differences, and with a unifying spirit. — *Stuti Malhotra in The Times of India*

NEWS SPARKLERS

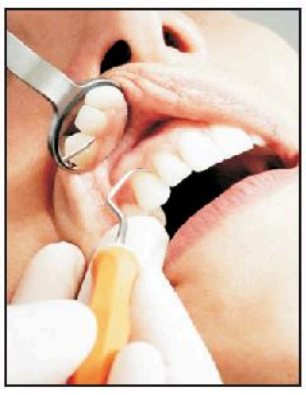
Largest Hummer makes regular one look like toy

Al Madam: As the name suggests, the Hummer H1 X3 is three times the size of a standard Hummer H1, making it the largest Hummer in the world, by far.

The Hummer H1 is one of the largest street-legal SUVs ever made, but it literally looks like a toy car next to the behemoth that is the Hummer H1 X3. Measuring 6.6 meters high, 14 meters long, and 6 meters wide (21.6 x 46 x 19.6 feet), this metal monster is the largest Hummer in existence, at least according to its owner, Sheikh Hamad bin Hamdan Al Nahyan, aka the Rainbow Sheikh, one of the most eccentric car owners in the world.

In fact, the very existence of the vehicle only became known recently, after photos of it being driven to the Off-Road History Museum in Al Madam, UAE went viral online.

Dentist damages patients' teeth to fix them for profit



Wisconsin: A dentist in Wisconsin was recently found guilty of intentionally damaging his patients' teeth so he could charge them more after fixing them.

Dentist Scott Chamolli faces up to 10 years for each of his five healthcare fraud charges and a maximum of five years for two other charges. The experienced dentist allegedly made millions by purposely drilling or breaking his clients' teeth and then charging them extra to fix the damage.

The frauds came to light in 2019, when he decided to sell his practice. The new owners looked over the files and noticed the unusually high number of procedures the dentist had carried out in the previous three years.

HEALTH CAPSULE

A significant proportion of people with diabetes develop kidney damage. This can however be prevented by better control of diabetes.

By Dr. Vipin Kaverappa - Consultant Nephrology & Transplant Physician Manipal Hospital, Mysore

manipalhospitals LIFE'S ON

** Health Capsule is not intended to be of a diagnostic nature*

Book release tomorrow

Mysuru, Mar. 19 (SSM) - Popular Scientific Pranayama Practitioner and Psychologist Dr. Devaki Madhav's two books titled 'Scientific Pranayama' and 'Impact of Science of Pranayama' will be released at a programme on Mar. 20 at 10.30 am at Sarada Vilas Centenary Hall in Krishnamurthypuram.

Suttur Seer Sri Shivarathri Deshikendra Swamiji will grace the occasion. Yoga University of the Americas, Florida, Bangalore, Vice-Chancellor Dr. Yogi Devaraj, Scientist and Associate Project Director of ISRO, Bengaluru, Nagalakshmi and Neurosurgeon Dr. Rajashekar Reddy will be the guests of honour.

Dr. Devaki Madhav is a well-known personality in Mysuru who has taken the practice of Pranayama to international level.

Dr. Devaki Madhav

For details, contact Mob: 94494-06844 or 93412-02292.

REALLY...?

- ***The name of the festival Holi has an interesting origin. It has been derived from Holika, the sister of demon King Hiranyakashyap from Hindu mythology with a legend behind it.***
- ***While Holi is one of the most ancient Hindu religious festivals along with Chhath, it has become popular even with non-Hindus as well in many parts of South Asia, as well as people of other communities outside Asia.***

LAUGHTER THE BEST MEDICINE

Teacher: *80 chimneys plus 5 chimneys plus 8 chimneys. What is the result?*

Student: *Lots of smoke!!*

TODAY'S CURRENCY RATE

1 US Dollar	= Rs. 75.95
1 UK Pound	= Rs. 100.12
1 UAE Dirham	= Rs. 20.68
1 Euro	= Rs. 84.08

COVID-19 UPDATE - MYSURU

	MARCH 17	MARCH 18
Day's Positive Cases	3	2
Total Positive Cases	2,29,436	2,29,438
Day's Discharges	0	12
Total Discharges	2,26,829	2,26,841
Day's Deaths	0	0
Total Deaths	2,558	2,558
Total Active Cases	49	39

NOTE: Figures as per Government Media Bulletin

VOICE OF THE READER

Suggestion to modify KSRTC city bus routes

Sir,

This has reference to the recent letter from Sanjeev Kumar Singh regarding bus routes from Hootagalli.

In this regard my suggestion is, many of the existing routes were planned almost two to three decades ago considering the density in layouts in the city and for profitable running.

But it is time now to reroute/ modify to suit growing needs of Mysureans for fast and effective public transport so that more citizens can make use of the buses and reduce 2-wheeler / 3-wheeler traffic on roads and that too at 25 to 30% of present costs. KSRTC must come out with a plan at the earliest.

—**G. Sreenivasa Murthy**
Vidyashankar Layout
10.3.2022

Applications invited for 'Jeevajala' scheme

Mysuru, Mar. 19- The Karnataka Veerashaiva-Lingayat Development Corporation has invited applications from eligible Veerashaiva community members coming under Category 3-B, for availing benefits under 'Jeevajala' scheme.

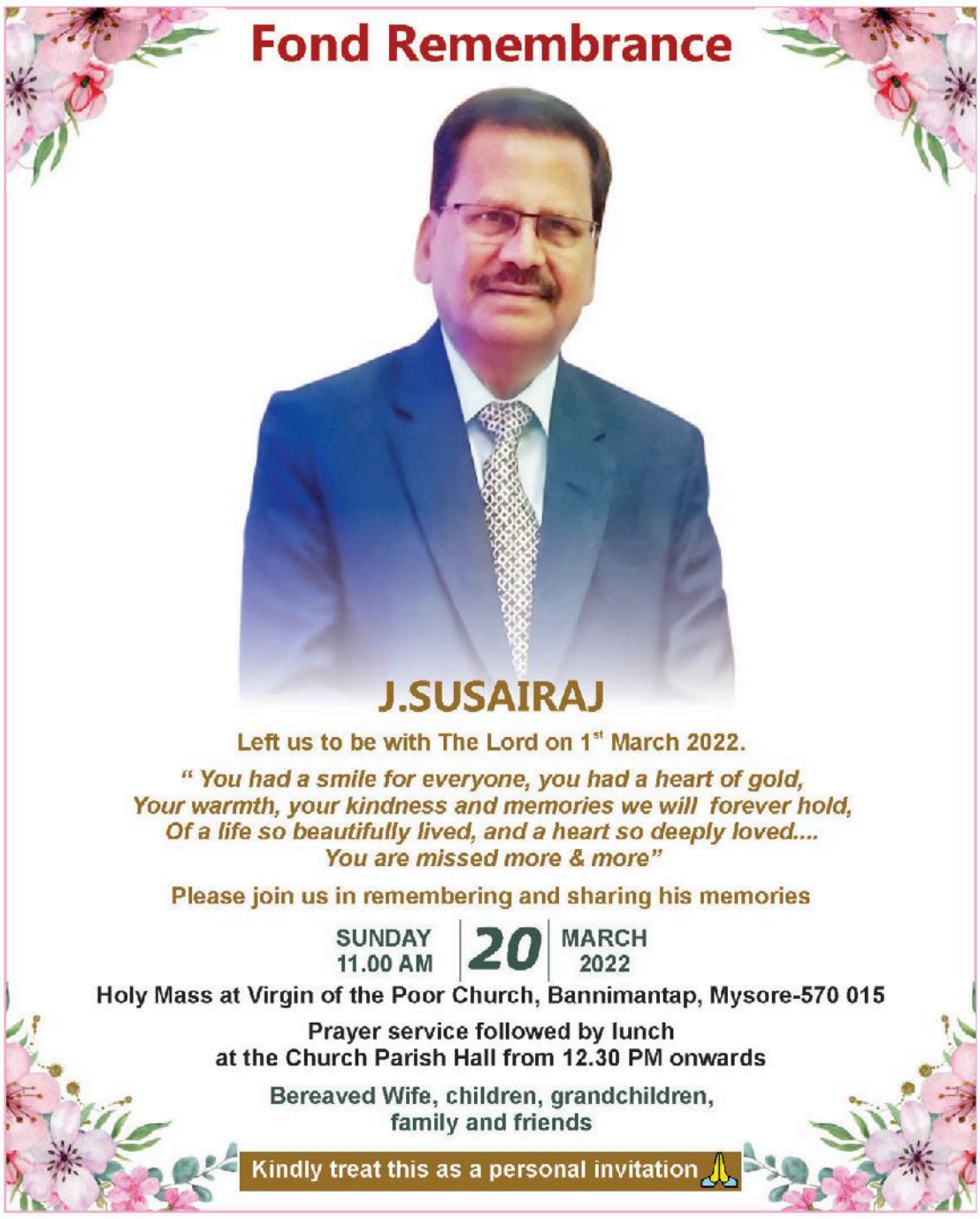
The applicants must be small land holders owning 2 to 5 acres of unirrigated land, with annual income of less than Rs. 40,000. However, land holders having one acre of land in the districts of Dakshina Kannada, Udupi, Uttara Kannada, Kodagu, Hassan, Chikkamagalur and Shivamogga, too are eligible to apply.

For details, log on to the website: *www.dbcdc.karnataka.gov.in* or call Ph: 080-22865522 or D. Devaraj Urs Backward Classes Development Corporation Office on Ph: 0821- 2341194.

Reservation: Panchamasali Lingayat community sets deadline

Bengaluru, Mar.19- Even as the Government is awaiting report from the State Backward Classes Commission, the Panchamasali Lingayat community, which has been demanding reservation for the sect under 2A Category, has set Apr. 14 deadline to the Government for announcing reservation.

Announcing this after holding a round table conference with community Seers and leaders on Tuesday, Koodalasangama Panchamsali Mutt Seer Sri Basavajaya Mrutyunjaya Swamiji said that, as promised, Chief Minister Basavaraj Bommai should get a report from Backward Classes Commission before Mar. 31 and announce reservation for Panchamasalis by Apr. 14, marking Dr. B.R. Ambedkar's birth anniversary. In case the CM fails to announce reservation, the community will be forced to launch a massive movement, he warned.

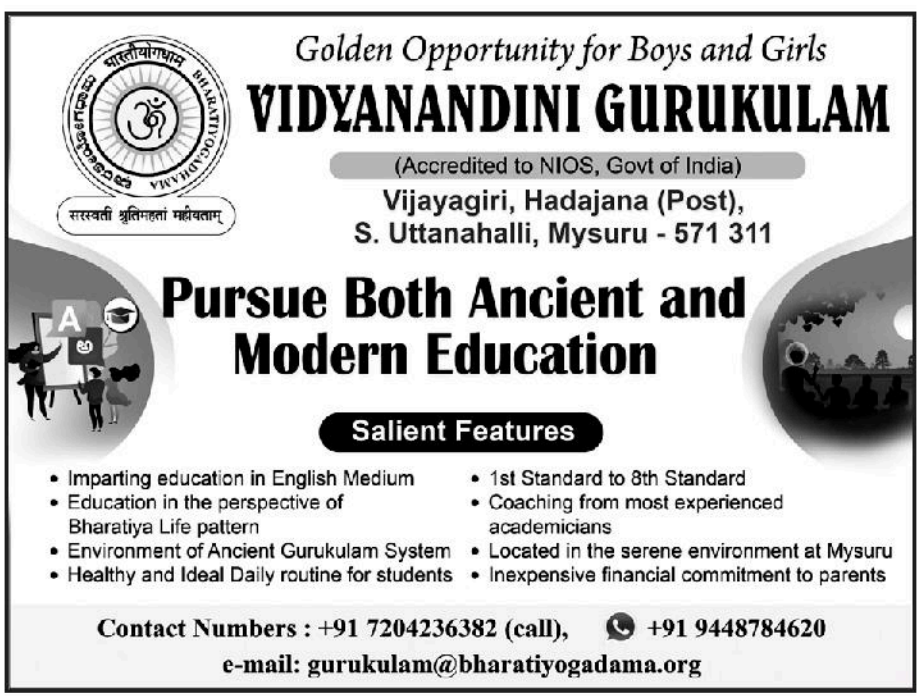

Fond Remembrance
J.SUSAIRAJ
Left us to be with The Lord on 1st March 2022.
" You had a smile for everyone, you had a heart of gold,
Your warmth, your kindness and memories we will forever hold,
Of a life so beautifully lived, and a heart so deeply loved....
You are missed more & more"
Please join us in remembering and sharing his memories
SUNDAY 11.00 AM
20
MARCH 2022
Holy Mass at Virgin of the Poor Church, Bannimantap, Mysore-570 015
Prayer service followed by lunch
at the Church Parish Hall from 12.30 PM onwards
Bereaved Wife, children, grandchildren,
family and friends
Kindly treat this as a personal invitation

CLARIFICATION

This is to clarify that the advertisement published on the back page of Star of Mysore on Thursday, Mar. 17 with the title **'Awareness'** regarding the names of cigarettes and their pack prices was not released by the Department of Legal Metrology (Weights and Measures Department).

The Department of Legal Metrology has no connection with the advertisement which has been released, clarified Sarala Nair, Assistant Controller of Legal Metrology, Mysuru Circle.

—**Editor,** Star of Mysore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NEWS BRIEFS

Book release tomorrow

'Bhrame Mattu Vaastavagala Naduve,' the Kannada translation of writer Mukund Rao's English work titled' 'Between the Serpent and the Rope,' will be released at a programme to take place at Suruchi Rangamane on Chitrabhanu Road in Kuvempunagar at 11 am tomorrow. The book is translated into Kannada by R. Santosh Nayak. Noted folk scholar Dr. Krishnamurthy Hanur will release the book. The book release will be followed by an interaction with the author Mukund Rao and translator R. Santosh Nayak. [Mob: 99012-25074].

Free coaching class

City's Jnanabuthi will be conducting a 50-day coaching class for Civil Services (IAS and KAS) exams starting from Mar. 21 at its premises located in Lakshmipuram Government High School and PU College campus on JLB Road in city. 2020 batch IAS Officer Lavish Oradiya will inaugurate the coaching class. Noted orator and humorist Prof. M. Krishnegowda will preside. Mandya Assistant Commissioner R. Aishwarya will deliver a talk on IAS and KAS exams.

Ph.D awardee

R. Shilpa has been awarded Ph.D in Chemistry by the UoM for her thesis 'Synthesis of Graphic Modified Electrodes and Nanomaterials, Characterisation and their Applications for the Degradation of Dyes and Organic Compounds.' [Guide: Dr. S. Ananda].

WATER LEVEL

KRS DAM

Maximum	:	124.80	feet
Today	:	110.50	feet
Yesterday	:	110.82	feet
Inflow	:	352	cusecs
Outflow	:	3,956	cusecs

KABINI DAM

Maximum	:	2,284.00	feet
Today	:	2,271.75	feet
Inflow	:	139	cusecs
Outflow	:	3,000	cusecs

HARANGI DAM

Maximum	:	2,859.00	feet
Today	:	2,848.84	feet
Inflow	:	11	cusecs
Outflow	:	55	cusecs

Bathing units sought in all 65 Wards for Pourakarmikas

Mysuru, Mar. 19 (PM&BCT)- Pourakarmikas or sanitation workers regularly deal with hazardous waste and sometimes, enter high-risk confined spaces like sewers and septic tanks for cleaning. They are exposed to dangerous viruses and bacteria that would ruin their health. "To save them from the risk of being infected, the Mysuru City Corporation (MCC) must construct bathing units in every Ward," said Social Justice Forum President and senior advocate O. Sham Bhat.

Addressing a press conference at Patrakarthara Bhavan in city on Thursday, he said that good hygiene is an important barrier to many infectious diseases, including the faecal–oral diseases and it promotes better health and well-being. Proper washing is one of the most effective ways of preventing the spread of diseases and Pourakarmikas unfortunately do not have the facility of cleaning themselves up after their sanitation work.

They go home carrying the dangerous bacteria and viruses and risk their own lives and also the lives of their families. To prevent this, the MCC must construct wash areas or bathing units in all 65 Wards, he said and added that the Social Justice Forum has already given representation to the MCC authorities in this regard.

Senior advocate and Social Justice Forum President O. Sham Bhat, addressing a press meet at Patrakarthara Bhavan in city on Thursday as others look on.

The sanitation workers provide the most essential public service — a service which far too often comes at the cost of their health, safety and dignity. Despite the important work they do, Pourakarmikas have been given less attention by the authorities and Governments. Also, with the current pandemic showing no signs of abating, sanitation workers are at an increased risk of infection, he reasoned.

"In the wash rooms, solar power can be used to heat water and this is a cost-effective measure too. The Pourakarmikas, after washing themselves can wear fresh clothes in bathing units. This system will go a long way in ensuring their health. The MCC must make the facility available as part of its commitment to the city," Sham Bhat said.

Explaining the intention of the Social Justice Forum, he said that the platform will strive to uplift dalits and make them economically independent and work towards their overall development.

"During COVID, the Forum distributed thousands of ration kits in all the under-developed areas of Mysuru and in dalit colonies. Plus free training is being given to those candidates who wish to take up competitive examinations," he added.

The Forum has strived to develop temples inside dalit colonies and has extended financial support for the same including the support extended to Bannariamma Temple at Palahalli Dalit Colony and Pattaaladamma Temple at Belagola Dalit Colony.

Social Justice Forum Vice-President Dr. Anandkumar, Secretary M.S. Paramananda, Treasurer Harish Shenoy, member Eeranna were present.

Social workers should work for the weak and oppressed: VC

Mysuru, Mar. 19 (RK&TRR)- University of Mysore Vice-Chancellor Prof. G. Hemantha Kumar has said that social workers should work for the upliftment of the weak and oppressed.

He was speaking at the day-long symposium on 'Ecological Social Work,' organised by University of Mysore's Department of Studies in Social Work at Senate Bhavan in Manasagangothri campus, as part of World Social Work Day- 2022 celebrations with the theme 'Co-building a new Eco-Social World: Leaving No One Behind' and launching of 'Asian Journal of Professional Social Work' website on Thursday.

"Social workers play many roles in community development and are responsive in times of crisis. They must work to improve the standard of living of the weak and the oppressed and there is a need to create awareness in the society in this regard. We intend to make use of all communication tools available to carryout social work. It is commendable that the Department of Social Work, achievers in social work, education experts and student community are all trying to create a new society," the VC added.

Chairman of Mahatma Gandhi National Council for Rural Education, Hyderabad, DR. W. G. Prasanna Kumar, MSW Socialites President Dr. James Thomas, Associate Professor and Chairperson of Department of Studies in Social Work Dr. H.P. Jyothi and others were present.

Free medical check-up camp

Mysuru, Mar. 19 (PM&TRR)- Shivasharane Hemareddy Mallama Balaga has organised a free medical check-up tomorrow from 9 am to 2 pm at Swathi Polyclinic premises on MG Road, near Agrahara in city.

Announcing this at a press meet in city, Balaga President Dr. G.M. Vamadeva said that the camp has been organised in association with Narayana Multi-Speciality Hospital, Swathi Medicals, Sri Saptagiri Diagnostics and Bengaluru's Microlabs which will be inaugurated at 9.30 am by Mysuru District Journalists' Association President S.T. Ravikumar. He further said that tests for Diabetes, Blood Pressure,Cholesterol and also ECG test are done free of cost.

For details and registration, contact Mob: 94481-66767 or 99720-29298. Balaga's Hon. President Dr. T. Thippeswamy, Vice-President G. Shivalingaswamy and Convenor R. Sharada Shivalingaswamy were present at the press meet.

Prohibitory orders around exam centre tomorrow

Mysuru, Mar. 19- With the Karnataka Examination Authority scheduled to conduct the entrance test for admission to Residential Schools on Mar. 20 (tomorrow), City Police have imposed prohibitory orders in 200 Mt.radius of the only centre in the city — Maharani's Girls PU College on N.S. Road.

The ban order will be in force from 6 am to 6 pm tomorrow and accordingly, no unauthorised persons will be allowed to enter the exam venue. Also, all photo copy shops in the vicinity of the centre have been asked to shut down for the day, according to a press release from the office of the City Police Commissioner.

Janaspandana Trust to hold Job Mela on Mar. 21, 22

Mysuru, Mar. 19 (KS)- Janaspandana Trust has organised a two-day Job Mela on Mar. 21 and 22 at Chikkammanikethana Community Hall in Kuvempunagar here.

Addressing a press meet in city yesterday, former MLA M.K. Somashekar, who is also the President of the Trust said that there are about 4,000 job opportunities for unemployed youths (both boys and girls) who have passed 8th to 10 standard, PUC, ITI, Diploma, IT, Software and Banking courses, Degree and BE.

Pointing out that various companies will be recruiting candidates for various posts, Somashekar said that the Job Mela will be inaugurated by former Chief Minister and Leader of the Opposition Siddharamaiah. Former Minister Dr. H.C. Mahadevappa and others will be present, he added.

For details, contact Mob: 98803-90463 or 80731-39365.

'The Jewellery Show'
in city from Mar. 19 to 21

Mysuru, Mar. 19- 'The Jewellery Show,' an exclusive jewellery exhibition with reputed brands from across India under one roof, has been organised at the Radisson Blu Plaza Hotel in Mysuru from Mar. 19 to 21.

The Show will be inaugurated by film actress and Brand Ambassador Dhanya Ramkumar along with Organisers Jagadeesh and Hemalatha Jagadeesh on Mar. 19 at 12.15 pm. The expo will be open for visitors from 10 am to 8 pm.

This Show is not only getting the best of 20 reputed and award-winning Jewellers and Designers from across India to showcase and sell their designs but also will be providing an educational platform to update people about the future trends and designs for the upcoming main wedding and Ugadi festival season. All the participating jewellers will be displaying and selling only genuine BIS Hallmarked Gold Jewellery and also International GIA & IGI Graded Diamond Jewellery.

Buyers can buy new Gold Jewellery by giving back their existing old gold jewellery. After sales service will also be extended to all the jewellery buyers.

The major brands participating in this Show are: Apranje, Gajraj, Panchkesari Badera, Sreevari, Sri Ganesh Diamonds, Khea, Ananya Jewels, Simha, Sri Krishna Diamonds, Amrapali, Vitrag Silver, Roopam Silver.

Star attractions from Mysuru are: Raj Diamonds, Darla Gold, Neelkanth Jewels.

Star attractions from other Statesare: Aura(Delhi), Sunil Jewellers, Banethi Exports (Jaipur).

Melukote Teppotsava held

Melukote, Mar. 19- The delightful *Teppotsava* of the presiding deity of Melukote — Sri Cheluvanarayanaswamy — was held here with grandeur at the South India's biggest Kalyani on Friday night, the 8th Tirunal of Vyramudi Jatrotsava.

The Teppotsava Mantapa and the Kalyani itself was decorated with colourful lights and flowers. The idol of Cheluvanarayanaswamy adorned with diamonds studded *Rajamudi* Crown was taken in a procession before the *Teppotsava.*

The entire surroundings of the Kalyani and the temple of Yoganarasimhaswamy atop the hill were decorated with colourful lights. A special Saxophone music programme by Vidwan Pramod and Subbanna, jointly organised by the Department of Kannada and Culture and S.N.I. Samskrutika Vedike was an added attraction at the *Teppotsava. Sandhana Seve* and *Theertha Snana* were performed to the deity today morning.

Miracle of *Theertha Sangraha* at Narayanapura

A miracle is taking place every year after *Theertha Snana* is performed to the deity.

Theertha Snana is performed at *Bramohtsava* on eve of Cheluvanarayanaswamy Jayanti. The Holy Water *(Theertha)* after touching the feet of Cheluvanarayanaswamy is getting collected at the land of one Sridhar of Narayanapura, near Melukote every year.

Saturday is believed to be Lord Vishnu's day and devotees are eagerly waiting to witness the miracle today.

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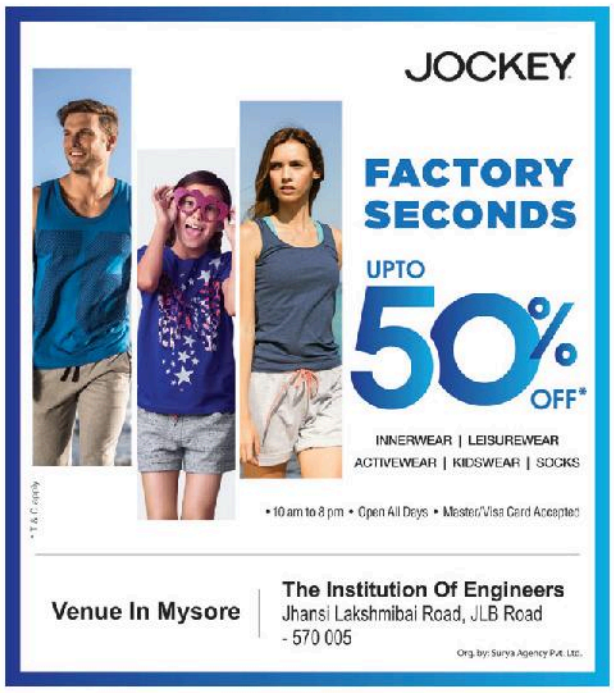
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DC visits Ayarahalli in Hunsur; listens to problems of villagers

Deputy Commissioner Dr. Bagadi Gautham holding a child at Government Primary School at Ayarahalli village this morning during the 'Jilladikarigala Nade Halli Kade' programme as Hunsur MLA H.P. Manjunath and ZP CEO B.R. Poornima look on. The guests were welcomed with flowers by children. Picture right shows the grievances of villagers being heard.

Mysuru, Mar. 19 (RK&BCT)- Deputy Commissioner (DC) Dr. Bagadi Gautham visited Ayarahalli village in Bilikere Hobli at Hunsur Taluk this morning as part of 'Jilladikarigala Nade Halli Kade' (Deputy Commissioner's march towards villages) organised by the Revenue Department.

The State Government has relaunched the programme that aims at bringing the Government to the doorsteps of villagers and also to connect with the people at grassroots.

As per the directions provided by the State Government, all the DCs, Sub-Divisional Officers, Tahsildars will visit villages on every third Saturday of a month and hear the grievances, problems faced by the villagers and provide suitable solutions for them at the earliest.

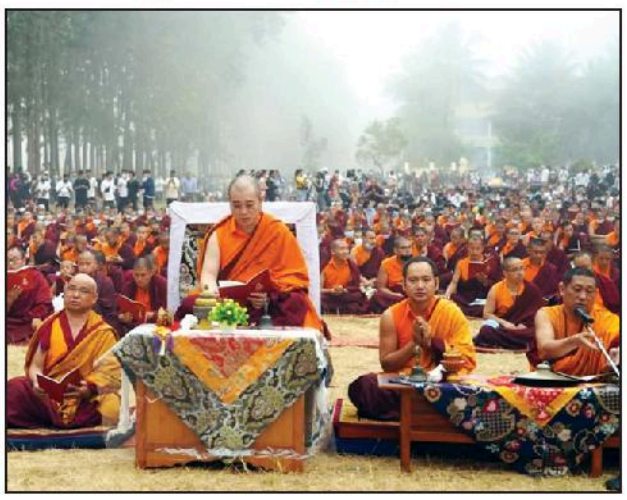
The Sub-Divisional Officers and Tahsildar will visit Hampapura village in K.R. Nagar, Antharasanthe in H.D. Kote Taluk, Manuganahalli village in Sargur Taluk, Hitnahebagilu in Periyapatna Taluk, Naganahalli village in Mysuru Taluk, Bokkahalli village in Nanjangud Taluk and Kothegala village in T. Narasipur Taluk this time as part of the same programme.

The DC, accompanied by Hunsur MLA H.P. Manjunath arrived at the village early today morning. Zilla Panchayat CEO B.R. Poornima, Hunsur Tahsildar and Zilla Panchayat officers and elected representatives were present. The DC and the officials will stay overnight at the village and interact with the villagers to solve their problems.

Sources said that already, 60 applications have been received by the DC and other officials to peruse through and decide on the problems. As all the Taluk-level officers will be present at the programme, many problems are expected to see solutions on-the-spot.

The DC will interact with villagers regarding development, disbursement of pensions, ration cards, Pouthi Khata issues, Podi, encroachments of Government properties, Aadhaar and other services.

Losar Festival ends at Bylakuppe with fervour



Bylakuppe, Mar. 19 (Rajesh&BCT)- The Losar festival celebrated from the first week of March at the Tibetan colony at Bylakuppe in Mysuru District on the way to Kodagu, concluded yesterday with prayers and wishes of long and healthy life for everyone.

Losar marks the beginning of the New Year as per the Tibetan calendar. The main festival of Losar 2149, the Year of the Water Tiger, was observed from Mar. 3 to 6 and the celebrations continued till last evening. As part of the festival, Tibetans living in Bylakuppe visited various Buddhist Temples in the vicinity and offered prayers.

In a statement released this morning by Gyurmed Nyingma Monastery (administration office of Namdroling Nyingmapa Monastery or Golden Temple) regarding Losar said that yesterday dawn, the 'siddhi' of 'Drubchen' was received.

The Buddhist monks unfurled massive Thangka (Scroll painting) of Buddha Amitayus (The Buddha of Long Life). The main attraction of the Thangka Scroll painting is that the scroll is hand-made, which measures 250 feet in width and 200 feet in length.

The Thangka was created in 2002 and it is unfurled every year in the Golden Temple on the final day of Losar for 30 minutes for the monks and devotees to offer their prayers. A traditional Tibetan music is played in the background after the prayer. This is followed by the majestic 'Cham Dance' (Lama dance) by the monks of Namdroling Monastery.

In the afternoon, the empowerment implements of 'siddhi' were blessed to the faithful public. The 'Drubchen' then ended with aspiration prayers and prayers of auspiciousness. The closing ceremony was performed by lighting of ghee lamps.

More than 300 take part in job fair for disabled youth

District Legal Services Authority (DLSA) Member-Secretary Devaraj Bhoote (in suit) seen with the job seekers as others look on.

Mysuru, Mar.19 (PM&DM)- More than 300 youths with disabilities took part in the day-long district-level Job Mela, organised by Bengaluru-based Samarthanam Trust for the disabled, an NGO working towards empowering people with disabilities, that began at JSS Polytechnic for the Differently Abled, located in JSS Technical Institutions campus, Manasagangothri this morning.

Senior Civil Judge Devaraj Bhoote, who is also the Member-Secretary of District Legal Services Authority, inaugurated the Job Mela by lighting the lamp. Speaking on the occasion, Judge Bhoote said that such job fairs will help in increasing employment opportunities for the differently-abled job seekers.

Pointing out that the mela also facilitates mentorship and guidance on different Government schemes to those looking to start their own business, he called upon disabled youths to develop the latest skills and become entrepreneurs themselves.

Samarthanam Trustee Vasanti Savanur in her address, said that the Trust, in association with Barclays Lifeskills, has planned to organise 46 such Job Fairs across the country with an objective of providing jobs to a minimum of 6,000 disabled job seekers.

More than 30 manufacturing, software and other companies from Mysuru and Bengaluru are taking part in the Job Fair.

Candidates from Mysuru, Chamarajanagar, Mandya, Hassan and Kodagu districts are taking part in the Job mela.

Disabled Act former Commissioner K.V. Rajanna, District Disabled Welfare Officer R. Malini, JSS Polytechnic for the Differently Abled Principal B. Elangovan and others were present.

Hit-and-run accident victims to get more compensation

Bengaluru, Mar. 19(Agencies)- The State Government has decided to increase the compensation for hit-and-run accident victims and henceforth, the immediate family members of the victims will get a compensation of Rs. 2 lakh in case of death in such accidents.

Till now, Rs. 25,000 was being paid in case of death. Any person grievously injured will get a solatium of Rs. 50,000, from the existing Rs. 12,500.

According to a circular issued by DG&IGP Praveen Sood to all the Police officials yesterday, the new compensation rates will come into effect from April 1. The compensation has been hiked to Rs. 2 lakh based on the guidelines issued by the Ministry of Road Transport and Highways (MoRTH) in February 2022.

Compensation will be paid in those hit-and-run cases where the Police file 'C-Report' in the Court of Law stating that they are unable to trace the culprits. The Deputy Commissioners would release the compensation to the victims.

On Feb. 22, MoRTH, in a notification, said that the Compensation to Victims of Hit and Run Motor Accidents Scheme, 2022 (where the compensation has been increased), will supersede the Solatium Scheme, 1989.

The notification also said that the victims of hit-and-run cases and their family members must get the compensation in less than three months and the payment must be transferred online. The Government will set up a Motor Vehicles Accident Fund which will be used for providing compensations.

As per the notification, in other road accident cases where the vehicle and its owner are traced, the immediate compensation will be Rs. 5 lakh for death and Rs. 2.5 lakh for the grievously injured.

There will be an option for the victims or their family members to accept the compensation or to approach the Motor Accident Claims Tribunal (MACT). However, those who accept this compensation, cannot approach the MACT for higher compensation. In this case, the insurance company concerned will pay the compensation.

Rs.36 lakh surplus budget for Bogadi Town Panchayat

Mysuru, Mar. 19- The newly formed Bogadi Town Panchayat has announced a Rs. 36.78 lakh surplus budget.

Presenting the Rs. 8.99 crore budget for the year 2022-23 here on Wednesday, the Town Panchayat Executive Officer D.N. Vijayakumar said that the Panchayat has recorded a surplus budget of Rs. 36.78 lakh.

He appealed the Panchayat limits residents to pay house tax, water tax and all other such taxes in time so that the Panchayat can take up more developmental works.

Vijayakumar thanked Chamundeshwari MLA G.T. Devegowda and MP Pratap Simha for their suggestions and cooperation. Mysuru Tahsildar K.R. Rakshit presided over the budget meeting.

'Include left out Integrated Development works in forthcoming MUDA budget'

GTD

Mysuru, Mar. 19- Chamundeshwari MLA G.T. Devegowda (GTD) directed officials to include all works that have been left out of Integrated Development Plan, in the forthcoming MUDA budget.

Addressing MUDA's Pre-budget Meeting here on Friday, GTD said that several works have been left out with the purpose of developing all MUDA formed layouts at a time. As such, all MUDA Zonal Officers should undertake an inspection of all layouts coming under their purview and enlist all the works that have been left out from Integrated Development Plan.

Asking the officials to expedite underground drainage and road development works in villages coming under MUDA, the MLA said that the authorities must take measures to hand over the layouts formed with MUDA approval to the concerned local bodies. He also stressed on the need for giving prominence for issues concerning Rajakaluves, Sewage Treatment Plants (STPs), underground drainages and such other civic amenities in the budget. Devegowda asked KUWS&DB officials to clear dues to the MCC in connection with providing Kabini drinking water to 42 villages coming under his constituency.

The MLA told the MUDA Commissioner to take measures for allotting the identified land for a burial ground coming under Survey No. 305 of Hinkal village.

MUDA Chairman H.V. Rajeev, MCDCC Bank President G.D. Harishgowda, MUDA Commissioner Dr. D.B. Natesh, MCC Commissioner G. Lakshmikantha Reddy, ZP CEO B.R. Poornima, KUWS&DB Chief Engineer Siddanayaka, CNNL Chief Engineer Shankaregowda, MUDA SE Shankar, MCC SE Mahesh and other officials were present during the meeting.

Free short-term course in Hotel Management

Mysuru, Mar. 19 (SSM)- The Food Craft Institute, in association with the Tourism Department, will be conducting a free short-term course in Hotel Management under its Skill Development Training Scheme.

Applications are invited for the same from unemployed youths (men and women) who are aged between 18 and 35 years. The applicants must have a minimum pass in 8th standard. The training will be for six weeks. During training, afternoon lunch, uniform and learning equipment will be provided for free. Candidates will be provided with a stipend of Rs. 2,000 during the training.

Participants will get a joint certificate from Tourism Department and Food Craft Institute and also those candidates who successfully complete the training will get financial assistance and help in getting placements in reputed hotels.

Along with application forms, five recent photographs, copies of academic certificates, caste certificate, bank account details and Aadhaar Card must be submitted at the Food Craft Institute Office.

The training will be held at Food Craft Institute, Kannada Karanji Building at Dasara Exhibition Grounds in Doddakere Maidan. For details, contact Mob: 63620-18821 or Ph: 0821-2445388/2974388, according to a press release from Food Craft Institute Principal.

Obituary

Alijanaba Zainab Bi

T. Narasipur, Mar. 19- Alijanaba Zainab Bi (94), wife of late Mohammed Jan and a resident of Gargeshwari, passed away on Mar. 17 at her residence, following brief illness.

She leaves behind two sons, three daughters and a host of relatives and friends.

Namaz-e-Janaza was held on the same day after Asar prayer at 5.15 pm, followed by the burial at the Muslim Burial Grounds at Gargeshwari, according to family sources.

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World Salt Awareness Week: Mar. 14 to 20

Shake the Habit to live Healthy

By Dr. M.N. Ravi,
Clinical Director and
Senior Heart Specialist,
Narayana Multispeciality
Hospital, Mysuru

Some habits die hard but we need to shake the salt habit to live healthy. Knowledge that excess salt is unhealthy is at least 4,000 years old. World Salt Awareness Week is observed from Mar. 14 to Mar. 20 to draw attention to the ill-effects of excess salt consumption. While salt (Sodium Chloride) is essential for bodily functions, high intake is harmful.

Daily allowance: The amount of salt needed to maintain homeostasis in adults is less than a tablespoon (about 2 to 3 g per day) while the average Indian consumes 10 to 11 g per day.

Ill-effects of high salt intake: Cardiovascular Diseases (CVD) are the leading cause of death in India, with hypertension responsible for 25% of 2.3 million CVD related deaths per year. India has committed to reduce salt intake by 30% by 2025 which is a global target to reduce the burden of non-communicable diseases.

Mathematical modelling suggests that at the present rate of salt consumption in the 40 to 69 years age group Indians, there could be 8. 3 million heart attacks, 8.3 lakh strokes and 2 million deaths over the next few years

Heart: High intake of salt causes functional impairment of blood vessels and arterial stiffness contributing to hypertension. While hypertension causes increased heart muscle mass, high dietary sodium independently increases left ventricular wall thickness too.

Heart failure in association with hypertension is the consequence of several harmful effects of dietary salt. While hypertension is a silent killer, it can manifest with headaches, palpitation, chest pain, fatigue or nose bleeds.

The diastolic (filling phase) dysfunction usually precedes systolic (contractile phase) dysfunction and is due to collagen deposition and fibrosis of the ventricle related to salt intake.

Weight gain associated with salt and water retention that accompanies heart failure increases cardiac work and compounds heart failure.

Salt also increases hormone induced platelet aggregation. All these effects on blood, blood vessels and heart increase the risk of strokes and heart attacks.

Strokes: Higher the salt intake, greater the incidence of stroke. Salt consumption is a risk factor for strokes and quite independent of hypertension and stroke mortality has a strong association with dietary sodium.

Bone density and kidney stones: High level of salt intake contributes to a reduction in bone density and weak bones prone for fractures. Also causes protein loss through kidneys. Salt triggered changes in calcium metabolism and hypertension promote formation of kidney stones.

Stomach cancer: Excess salt consumption causes gastritis and in combination with gastritis causing bacteria (H. pylori), it can progress to stomach cancer.

Is sea salt / natural salt any better?

All types of salt are sodium chloride. Table salt, sea salt, Kosher salt, Himalayan pink salt, salt granules have a negligible difference in nutrition and hence produce equal harm.

Salt reduction strategies: To develop effective salt reduction strategies, it is important to understand the specificities in salt consumption. In the Indian context, mean salt intake is similar in rural and urban population. While in the West 75% of dietary salt comes from processed foods, in India it is from home-made foods (added salt during cooking and on table) but with changing times and trends India may be seeing increased salt intake from pre-processed and packaged foods.

Indian consumers are moving away from traditional staple items towards a 'Westernised' diet including increased consumption of deep fried items, bread, bakery products and snack foods. Globalisation has also provided people with ready to eat food with added preservatives, meat or otherwise. This is compounded with a decline in consumption of coarse grains, fruits, vegetables

and other fibre rich foods.

Tips for salt restriction: At supermarket look for fresh fruits and vegetables, choose labels with low or no salt added and buy fresh, lean meat and fish.

If buying prepared meal, look for labels with less than 600 mg of sodium. Avoid bakery items, salty street side food, savoury snacks, chips, cheese, salted crackers etc.

At home: Use salt substitutes / alternatives like spices, garlic and citrus juice.

Initiate healthy eating, prepare rice, parathas, rotis, pastas from most basic forms; Avoid papad, pickles, chutney powders (salted) etc; Consume more fresh fruits and vegetables; Limit sauces, mixes, instant products.

While dining out: Ask no salt to be added; Order vegetables with no added salt or fresh fruit as side item; Share meal, avoid gravies, and salad dressings. Limit frequency of eating out.

Choose a heart healthy diet: Hypertension is a pandemic and an evolutionary curse. Start early - hypertension can develop in childhood and developing a taste for salt early in life will make it difficult to cut back later. Childhood is an important time to focus on prevention of hypertension.

DASH (Dietary Approaches to Stop Hypertension) eating plan is a simple heart healthy diet that reduces blood pressure. DASH diet is low in sodium, cholesterol and saturated and total fats and high in fruits and vegetables, fibre, potassium and low fat dairy products.

Government role: Salt reduction food policy has been a feature of many countries and is a cost-effective public health strategy. Creating consumer awareness alone is ineffective because food industry is a major stakeholder. Large portions of salt we eat are already prepared and packaged food over which consumer has no control. The Government nutrition policy has to be strong.

Shyamala's knitting art expo at Suchitra Art Gallery to conclude tomorrow

Mysuru, Mar.19 (SBD&TRR)- The Knitting Art Exhibition at 'Bahuroopi Rashtriya Rangotsava' is drawing large crowd and has received huge appreciation from those who visited the expo at Suchitra Art Gallery in Kalamandira premises.

The exhibition under the theme 'Mounada Henigeya Dhyana,' is a collection knitting works of city's 86-year-old Shyamla Krishnamurthy, which has won the appreciation of all art lovers who have visited and a few visitors have recorded their appreciation in the opinion register highlighting the nuances of this special art form.

It is noteworthy that Shyamala has dedicated herself to this unique and rarely practised form of art and has practiced it for over six decades relentlessly to attain her present skill and expertise.

Thirty Nine framed knitting art works — House in the midst of green hills and river valley, a Rajasthani folklore artist playing Sarangi (musical instrument) in the desert, Peacock's Noopur dance, a weaver engrossed in weaving a beautiful fabric, a bird feeding its little ones, Bengal Tiger, African Elephant, Papua New Guinea's Bird of Paradise etc.— are attracting people to the expo.

Patience is the essence of this art form

"Knitting is an art which demands patience. When you are knitting on cloth which already has a picture, you need to accurately knit the colour threads. Selection of suitable colours is a part of this art. Even a minor mistake while knitting result in the failure of the proposed art creation. When that happens, time, effort and colour threads are all wasted. Before one starts to knit, the artist must have a clear vision of the final creation and it is common to do mistakes while knitting. But with experience and expertise, it is possible to knit attractive art pictures," says the 86-year-old artist.

Shyamala Krishnamurthy who has interest in current affairs, sports, writings and reading books along with her daily household works, knits art works even now and her sensitivity and expertise to knit coloured threads makes her a role model to those who want to take up this art form.

Women (both housewives and working women), who are busy in their household activities and at office, can try this art form as a stress buster as it gives them an opportunity to explore their hidden creative talents.

Interested persons can enjoy the knitting art works of Shyamala at Suchitra Art Gallery till Mar. 20, the concluding day of Bahuroopi.

Silver jubilee celebration of Abhyudaya Mahila Samaja on Mar. 20

Mysuru, Mar. 19 (PM&KS) - The Silver Jubilee celebration of Abhyudaya Mahila Samaja of J.P. Nagar in city, will be held on Mar. 20, said Samaja President Dr. Susheela Nagaraju.

Disclosing this at a press meet held at Patrakarthara Bhavan here on Thursday, Dr. Susheela said that the celebration will be inaugurated by MLA S.A. Ramdas at the function to be held at Mysore Builders' Charitable Trust auditorium on Akkamahadevi Road in Visveshwaranagar, Mysuru South at 10 am.

Continuing, she said that Dr. H.P. Jyothi, Associate Professor, Department of Studies in Social Work, University of Mysore, will release the souvenir. Mysuru Urban Development Authority Chairman H.V. Rajeev, Nehru Yuva Kendra State Director M.N. Nataraj, former Mayor B.L. Bhyrappa, actor Shivaji Rao Jadav, Corporators Sharadamma Eshwar and Shanthamma Vadivelu will be present as guests.

66th anniversary of Sri Nadabrahma Sabha

'Nadabrahma' title to be conferred on nonagenarian Vainika

Mysuru, Mar. 19- Sri Nadabrahma Sangeetha Sabha is celebrating 66th anniversary tomorrow (Mar. 20) at 6 pm. It is also an endowment programme in memory of A.K. Gopala Rajan sponsored by fraternity of doctors and well-wishers. The programme will be held under the divine presence of Suttur Seer Sri Shivarathri Deshikendra Swamiji.

Vainika Dr. R. Visweswaran

The Swamiji will honour Dr. R. Visweswaran with the title 'Nadabrahma' and a cash award in the name of 'Gottuvadyam Narayana Iyengar Award for Musical Excellence' instituted by Chitraveena N. Ravikiran.

It will be followed by a veena concert by Dr. Visweswaran. He will be accompanied by Tumkur B. Ravishankar on mridanga and Sharath Kaushik on ghata.

Veena Maestro Prof. R. Visweswaran, a nonagenarian Vainika, is a musician with a traditional classicism for more than seven decades. He is a vocalist and a vainika without a human guru. A world renowned Vainika-Vocalist-Musicologist-Composer-Thinker-Speaker and author of invaluable books and articles. Acclaimed in India and overseas for his highly individualistic style in the veena, all his own — "The vocal style in veena." Vocal music is intrinsic to his veena and gayaki style of rendition is the chief characteristic of his renditions. He is known for his innovative and explorative approach to creation and expression in music.

Visweswaran's lec-dems on music and musicology are highly respected as an education and is a regular feature in most of the music conferences and the electronic media, in India and overseas. Visweswaran is a musical composer with over a hundred and fifty compositions in Sanskrit, Telugu and Kannada to his credit, which are professionally acclaimed.

Many disciples of many nationalities carry Visweswaran's legacy forward. Visweswaran served as a Professor of Music in the University of Mysore. He has bagged almost all prestigious awards and has authored many books on music which is appreciated globally.

'Nanna Pritiya Amrita'

Kannada play on Punjabi writer Amrita Pritam

Almost for over two years, there was a compulsory break for most of the cultural activities, especially presentation of dramas, music and dance. Everything was going online — as such, the artistes as well as the viewers also were deprived of the pleasure of performing as well as viewing respectively.

Amrita Pritam

Parivarthana Ranga Samaja, Mysuru, is bringing a totally new topic through the play titled 'Nanna Pritiya Amrita,' a story based on the legendary personality of Punjabi and Hindi literary field — undoubtedly, to say something about such a towering personality, like none other than Amrita Kaur (Amrita Pritam) is a challenging work.

It is indeed difficult to cover her in a short period of 2 hours and 10 minutes. It requires in-depth knowledge about a revolutionary woman writer like Amrita. Amrita was a very bold woman and was a dare devil in expressing about the injustice women had to face a century back — the social system could not digest her thoughts and she had to face criticism from all sides. Still she never stopped and her public life as well as personal life was full of controversies, which she managed in her own style.

Play : 'Nanna Pritiya Amrita'
Venue : RamaGovinda Rangamandira, Ramakrishnanagar
Date : Mar. 20 (Sunday)
Time : 7 pm
Duration of the play: 2 hours & 10 minutes
Screenplay-Design-Direction: Prof. S.R. Ramesh

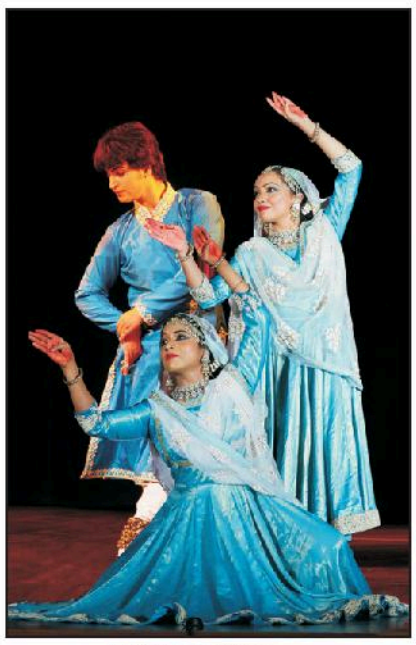
For Kannadigas, it will be an experience as if watching systems predominated in the society in the end of 19th Century and beginning of 20th Century. As it is, the lives of women was full of difficulties, especially the life of a strong, bold and creative woman like Amrita Pritam was full of challenges and obstacles.

How she could manage with all the adversities and with whose support, let the art lovers of Mysuru watch on stage on Mar. 20 where the maiden play will be presented with the title 'Nanna Pritiya Amrita' penned by Prof. S.R. Ramesh in Kannada — with the co-operation of his team members, who are though amateurs, well-experienced actors.

It will be like experiencing the confluence of Punjabi literature and its Kannada adaptation. Such cultural exchanges are necessary to unite people from different States of India.

—Dr. Manik A.V. Bengeri

Kathak and Bharatanatyam recitals at Ganabharathi



Kathak dancers

Guru Mysore B. Nagaraj

Dr. M.S. Vidyalakshmi

Mysuru, Mar. 19- Naatya Sabha, Mysuru, has organised Kathak and Bharatanatyam recitals at Ganabharathi auditorium in Kuvempunagar on Mar. 20 at 6 pm.

The performing artistes of Kathak are the students of Articulate Dance Studios, Bengaluru — **Laxminarayan Jena, Vaidegi Samikkannu and Poojashree C. Girish** — while Bharatanatyam will be presented by **Dr. M.S. Vidyalakshmi.**

Guru Mysore B. Nagaraj, graduate of Natya Institute of Kathak and Choreography, Bengaluru, disciple of Dr. Maya Rao, past Visiting Scholar to Michigan State University, after two decades and half extensive performances in India and many countries abroad and a decade of teaching experience, established Articulate Dance Studios in Bengaluru as a unit of Articulate Trust for Arts, to impart training in Kathak to aspirants of the art form.

Many disciples trained by him at this school have carved a niche for themselves in the horizon of Indian Classical Dance. Training the disciples receive in this Studio touch upon Jaipur, Lucknow and Banaras Gharanas to create a comprehensive canvas of the Kathak form that Shambhu Maharaj and Sundarprasadji imparted. Under Guru Mysore B. Nagaraj's leadership the performing art group of the Studios have performed in prestigious dance platforms winning accolades. Articulate's home productions on thematic choreographies have been highly acclaimed.

Dr. Vidyalakshmi had her initial training in Bharatanatyam under the guidance of guru Pushpa Krishnamurthy. Her passion towards the art led her to pursue advance training under P. Praveen Kumar. She holds a Bachelor's degree in engineering, Masters Degree in Bharatanatyam from Bangalore University and has completed Vidwat. She has received a fellowship and successfully completed Ph.D from Bangalore University.

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Bahuroopi Raashtriya Rangotsava [Motherhood]

TODAY (MARCH 19)

Folk Dances at Kindarijogi Janapadaranga (5 pm)

Ummathaat	:	Kusuma Kaveri Vidyasamste, Gonikoppa.
Tashiramdhol	:	G. Mohan and Team, Ballari.
Layi Porabba	:	Manipur.
Kalaripayat	:	Kerala.
Gotipuva	:	Odisha.

Plays at Different Stages

Bhoomigeeta (6 pm)	:	**Shaheed Udham Singh Azaad** (Punjabi). Troupe: Theater for Theater, Chandigarh, Punjab. Playwright: Charan Singh Sindra. Direction: Sudesh Sharma.
Sampat Rangamandira (6.30 pm)	:	**Eklo Anneklo Karmadhin** (Konkani) Troupe: Rangachinnari, Kasaragodu. Playwright: N.N. Pillai Adaptation, Design and Direction: Kasaragodu Chinna
Vanaranga (7 pm)	:	**Radha Madhava Vinodahasa** (Kannnada) Troupe: Bangalore Players Theatre Company. Playwright: N.C. Mahesh. Direction: Apoorva Nagaraj.
Kalamandira (7 pm)	:	**Aatadolagata** (Kannada) Troupe: Kadamba Rangavedike Playwright: Kaavya Kadame Direction: Yatheesh Kollegala

TOMORROW (MARCH 20)

Special Programme at B.V. Karanth Rangachavadi

10.30 am to 4 pm	:	Debate competition on 'Manukulada Olitige Prakrutiyo, Pragatiyo?' for college students.

Valedictory at Vanaranga

4 pm to 5 pm	:	'Kannada Kavyagalalli Taayi' by Hiremagaluru Kannan, Kannada priest and orator
5 pm to 6 pm:	:	Valedictory speech 'Jagattendare Taayi' by orator Chakravarty Sulibele

Plays at Different Stages

Bhoomigeeta (6 pm)	:	**The Square Route of A Sonnet** (English). Troupe: CFD, Bengaluru. Playwright: Neelanjan P. Chowdhari. Direction: Prakash Belavadi.
Sampat Rangamandira (6.30 pm)	:	**Kaamaroopigal** (Kannada). Troupe: Sanchaya Trust, Bengaluru. Playwright, Design, Direction: Ganesh Mandarthi
Kalamandira (7 pm)	:	**Matte Mukhyamantri** (Kannada). Troupe: Kalagangothri, Bengaluru. Playwright: K.Y. Narayanaswamy. Direction: B.V. Rajaram.

NOTE: For tickets, contact Ph: 0821-2512639
For online booking and details, visit: *http://www.rangayana.org/bahurupi-2022/*

Plays on life and livelihood, societal issues at Bahuroopi

Staging of Kannada play 'Vaishampayana Theera' by Bengaluru's Saaphalya Ranga Thanda at Vanaranga.
Picture right: ***Rangarathnakara theatre group of Mysuru staging 'Sri Krishna Rayabhara' at Kalamandira.***

Mysuru, Mar. 19 (SBD&DM)- Life and livelihood, societal problems, mental trauma arising out of helplessness and such other human issues came to the fore on the seventh day of the ongoing Bahuroopi National Theatre Festival at Rangayana here yesterday.

Bengaluru's Thema Theatre Group enacted 'LSD' Kannada play at Sampat Rangamandira. The play highlighted how human beings who are living in the world of illusions are often woken up by the hard realities of life. The play also threw light on how human beings are attracted by allurements and accumulation of wealth. The play was directed by Dr. S.V. Sushma.

Artistes from Hyderabad's Nibha Theatre Ensemble staged 'Manalo Mana Mata' Telugu play at Bhoomigeeta. The play portrayed the travails and trauma of a boy who lost his home to a flood. The play was adapted and directed by Nasreen Ishaq.

Bengaluru's Saaphalya Ranga Thanda performed 'Vaishampayana Theera' Kannada play at Vanaranga. The play threw light on the professional jealousy among Yakshagana artistes, family problems arising out of ego clashes, taking revenge against enemies etc. Mahabalamurthy Kodlekere has scripted the play, which is adapted by L.N. Mukundaraj.

Rangarathnakara theatre group of Mysuru enacted 'Sri Krishna Rayabhara,' a Mythological Kannada play at Kalamandira, which earned huge applause from the audience.

The play was scripted by noted playwright B. Puttaswamayya and directed by C. Siddalingegowda Chinakurali.

Cultural events captivate crowd

Artistes of Ayama Academy of Fine Arts presenting a colourful performance at B.V. Karanth Rangachavadi in Rangayana premises yesterday.

Mysuru, Mar. 19 (SBD&DM)- The traditional dance performances and an exhilarating display of Martial Arts captivated the crowds on the seventh day of Bahuroopi National Theatre Festival (Bahuroopi Raashtriya Rangotsava) at Rangayana here yesterday.

Artistes from Karnataka and Manipur performed traditional dances, while artistes from Kerala presented 'Kalaripayattu' martial arts, which drew thunderous applause from the gathering.

The event also featured Chitmela presentation by Kumaraiah and team of Hassan and Kangilu performance by Manjunatha and team of Sullia. While Chitmela was a musical presentation featuring instruments such as Nadaswara, Taala, Tamate, Dolu, Kamsale etc., Kangilu is a Tulu performing arts and practice for invoking the Gods and popular among Mundala and Godda Communities of Dakshina Kannada.

Earlier, artistes of Ayama Academy of Fine Arts presented a colourful performance of dances associated with different States such as Rajasthan and Punjab, at B.V. Karanth Rangachavadi.

Folk performance at Kindarijogi Janapadaranga in Rangayana premises last evening.

Rangayana Mysuru Director Addanda C. Cariappa said that Odisha artistes were originally scheduled to perform 'Gotipua' folk dance at B.V. Karanth Rangachavadi. But as the artistes expressed their helplessness on Thursday saying that they had missed the train, the Rangyana contacted Ayama Academy Founder Shambhavi and appealed her to present a programme, which she readily agreed, following which artistes from the Academy gave an excellent performance.

The artistes were presented a memento by Rangayana.

NOW SHOWING - MOVIES

- **Woodlands Theatre** — Ph: 2422871
  James (K) - 4 Shows
- **Sangam Theatre** — Ph: 2520494
  James (K) - 4 Shows
- **Gayathri Theatre** — Ph: 2443568
  James (K) - 4 Shows
- **Rajkamal Theatre** — Ph: 2423554
  James (K) - 4 Shows
- **Thibbadevi Theatre** — Ph: 2452958
  James (K) - 4 Shows
- **Padma Theatre** — Ph: 2521923
  The Kashmir Files (H) 4 Shows
- **Mahadeshwara Theatre** — Mob: 9900820093
  The Kashmir Files (H) 4 Shows
- **Balaji Theatre** — Ph: 2497199
  Bachan Paandey (H) 4 Shows
- **Lido Theatre** — Ph: 2420885
  Ek Love Ya (K) - 1 Show; *Bachan Paandey (H) 3* Shows

DRC CINEMAS — Ph: 4240422, 4241800

James (K)	(S-1)	9.55 am, 12.55 pm
		7.05 pm, 10.00 pm
	(S-2)	8.00 am, 1.15 pm
		4.10 pm, 7.10 pm
	(S-4)	3.55 pm
The Kashmir Files (H)	(S-1)	3.50 pm; (S-3) 1.00 pm
	(S-4)	10.00 am, 6.45 pm, 10.00 pm
Oruthi (Ma)	(S-2)	10.50 am
Ambulance (E)	(S-2)	10.00 pm
Etharkkum Thunindhavan (Ta)	(S-3)	10.05 am
Bachan Paandey (H)	(S-3)	4.10 pm, 7.05 pm, 9.55 pm
Radhe Shyam (Te)	(S-4)	1.15 pm

INOX LIVE THE MOVIE — Ph: 2533444 / 2533456

James (K)	(S-1)	8.50 am, 12.00 noon, 3.20 pm
		6.35 pm, 9.50 pm
	(S-4)	11.15 pm, 2.30 pm, 5.45 pm
The Kashmir Files (H)	(S-2)	10.30 am, 2.05 pm
		5.40 pm, 9.15 pm
	(S-3)	12.20 pm, 9.55 pm
Bachan Paandey (H)	(S-3)	9.20 am, 3.45 pm, 6.50 pm
	(S-4)	9.00 pm

PVR CINEMAS

Forum Centre City Mall, 2nd Floor. Mob: 8951357139

The Kashmir Files (H)	:	8.00 am, 8.30 am, 11.20 am, 11.50 am
		2.40 pm, 3.10 pm, 6.10 pm
		6.30 pm, 9.20 pm, 09.50 pm
James (K)	:	8.20 am, 9.20 am, 11.30 am
		12.00 noon, 12.30 pm, 2.40 pm
		3.40 pm, 5.50 pm, 6.50 pm
		9.00 pm, 10.00 pm
Bachchhan Paandey (H)	:	8.40 am, 11.50 am, 3.00 pm
		6.10 pm, 9.20 pm
Ambulance (E)	:	4.05 pm, 10.00 pm
Radhe Shyam (Te)	:	7.05 pm

1st Floor, Garuda Mall. Mob: 9901373210

The Kashmir Files (H)	:	8.30 am, 11.50 am, 3.10 pm
		6.30 pm, 9.50 pm
James (K)	:	9.05 am, 9.20 am, 11.50 am
		12.15 pm, 12.30 pm, 03.25 pm
		3.40 pm, 6.10 pm, 6.35 pm
		6.50 pm, 9.45 pm, 10.00 pm
Bachchhan Paandey (H)	:	3.00 pm, 9.20 pm

MYSURU VISION CINEMAS — Ph: 0821 - 2973519

James (K)	:	10.00 am, 10.55 am, 12.30 pm
		2.15 pm, 3.30 pm, 6.30 pm
		7 pm, 9.40 pm, 9.55 pm, 10 pm
The Kashmir Files (H)	:	11.30 am, 3.00 pm
		6.25 pm, 9.45 pm
Bachchhan Paandey (H)	:	1.00 pm, 3.55 pm, 7.00 pm

NOTE: Movie timings published here are subject to sudden change by the theatre managements. The films are also liable to be changed in multiplexes if there are no minimum audience of 15.

Memorandum on improving Gangothri Glades ready: VC

Two-day V. Prabhakar Memorial Cricket begins

Mysuru, Mar. 19 (LNY&BNR)- The new Memorandum of Understanding (MoU) between Karnataka State Cricket Association (KSCA) and Mysore University to develop and maintain the Srikantadatta Narasimha Raja Wadiyar Ground (Gangothri Glades) Ground for 15 years has been readied and is just pending signatures, said Prof. Hemantha Kumar, Vice-Chancellor (VC), University of Mysore (UoM).

He was speaking after inaugurating the two-day V. Prabhakar Memorial Legends Cricket Tournament, organised by Navodaya Cricket Club in association with the Department of Physical Education (DPE), University of Mysore (UoM), at SDNR Wadiyar Grounds here this morning.

"As only a few matches were played on SDNRW Ground due to COVID pandemic, not many are aware about this ground. Henceforth, more matches should be organised here and people should make maximum use of this ground," the VC added.

University of Mysore (UoM) Vice-Chancellor Prof. G. Hemantha Kumar wielding the bat during the inauguration of the two-day V. Prabhakar Memorial Cricket Tournament at SDNR Wadiyar Grounds (Gangothri Glades) in city this morning as UoM DPE Director P. Krishnaiah, KSCA Mysuru Zone Convener Sudhakar Rai, Navodaya Cricket Club President & former MUDA Chairman K.R. Mohan Kumar and others look on.

P. Krishnaiah, Director, DPE, UoM, K.R. Mohan Kumar, President, Navodaya Cricket Club and Sudhakar Rai, Convener, KSCA, Mysuru Zone, were present during the inauguration.

Over 75 senior cricketers, who have represented Ranji Trophy, Karnataka State, Mysuru Division and University Cricket teams, will be part of this two-day this tournament.

It is a first-of-its-kind tournament in Mysuru with 10-overs-a-side including power play for 3 overs and each bowler can bowl a maximum of 2 overs.

FIVE TEAMS

A total of 5 teams — VP-Dynamos, VP-Challengers, VP-Royals, VP -Warriors and VP-Maharajas (Combined Bengaluru team) — are taking part in the tournament and it will be played on league basis.

Each team will get 4 matches to play and the top two teams will qualify for the **finals which will be played tomorrow (Mar. 20) at 3 pm** following which prize distribution function will be held.

Former Ranji cricketer S. Vijaya Prakash, K.R. Mohan Kumar and P. Krishnaiah will be the chief guests during the prize distribution.

EVENTS TODAY (MAR. 19)

- **Panache:** Designers expo, Hotel Southern Star, Vinoba Road, **up to 8 pm.**
- **Kalasuruchi:** Kathe Kelona Banni-715, story-telling by writer Manjula Bhadraswamy, Suruchi Rangamane, #476, Chitrabhanu Road, Kuvempunagar, **4.30 pm to 5.30 pm.** [Ph: 0821-2541795 or Mob: 92435-81097 or 99459-43115]
- **mPowerTalk:** 1st episode of mPowerTalk - talk show, inauguration by Mysore University VC Prof. G. Hemantha Kumar, ExcelSoft Technologies Founder & CEO Sudhanva, SkillTech Engineers and Contractors Pvt. Ltd. Executive Director L. Arun Kumar and Shashwati Plastics Managing Partner H.R. Keshav; Talk show by eminent achievers of Karnataka — Karnataka Janapada Academy President and *Padma Shri* awardee Manjamma Jogathi, Paralympian and *Padma Shri* awardee K.Y. Venkatesh, Srirangapatna Dy.SP S.N. Sandesh Kumar, NR Groups CEO Arjun Ranga, President awardee Dr. Chaitra Narayan and JSS Professor and HoD - Cardiothoracic and Vascular Surgery Dr. Shyam Prasad Shetty, Builders' Association of India auditorium, Vishweshwaranagar, **5 pm.** [Mob: 98867-56745]
- **Sri Ramakrishna Ashram:** Swami Shivakantanandaji speaks on 'Vedanta Paribhasha,' Ashram premises, Yadavagiri, **6 pm.**
- **Kalasuruchi:** Staging of Alan Kolski Horwitz's English political satire 'Comrade Babble,' directed by political journalist and author Preethi Nagaraj, RamaGovinda Rangamandira, Ramakrishnanagar, **7 pm.** [Mob: 92435-81097 or 98451-12665]

EVENTS TOMORROW (MAR. 20)

- **Parisara Snehi Team and KMPK Trust:** World Sparrow Day celebrations, Cycle Rally from Kote Anjaneyaswamy Temple premises to Kukkarahalli Lake to spread awareness on providing food and water to birds, starts at Kote Anjaneyaswamy Temple premises, **7 am.** [Mob: 98807-52727 or 81050-78070]
- **Mysore Science Foundation and Regional Museum of Natural History (RMNH), Mysuru:** World Sparrow Day celebrations, Drawing Competition (Topic: Sparrows - Our Lost Neighbours), RMNH premises, **9 am to 10.30 am.** [Mob: 81055-03863 or 96868-92021]
- **The Jewellery Show:** Ugadi Edition of premier jewellery festival showcasing India's finest jewellery, Radisson Blu Plaza Hotel, next to Mall of Mysore, **10 am to 8 pm.**
- **Gowri Media Trust:** Book release — Mukunda Rao's 'Bhrame mattu vaastavagala naduve' - a translation by R. Santosh Nayak — by folk scholar and writer Dr. Krishnamurthy Hanur, Gowri Media Trust President Nagaragere Ramesh presides, Kannada Professor and critic Dr. Ranganatha Kantanakunte, journalist Mullur Raju, Ancient History and Archaeology Department Professor-Research Dr. V. Shobha and Arivu School teacher J. Rajani will speak about the book, interaction with Mukunda Rao and Santosh Nayak, Prof. V.S. Sridhar and journalist D.N. Guruprasad will be present, Suruchi Rangamane, Chitrabhanu Road, Kuvempunagar, **10.30 am.**
- **Sri Ramakrishna Ashram:** Swami Jnanayoganandaji speaks on 'Rama Krishna Vachanaveda,' Ashram premises, Yadavagiri, **6 pm.**
- **Samskruti Prakashana, Mysuru:** Book release — senior writer Sha.Mum. Krishnaraya's 'Atmadeepobhava' & 'Doddamane' and Dr. Vijayalakshmi's 'Sha.Mum. Krishnarayara Sahitya' — writer and researcher Dr. Kabbinale Vasantha Baradwaj, folk scholar Dr. D.K. Rajendra presides, writer and book advisor Samskruti Subramanya delivers keynote address, Gopalaswamy College auditorium, Lakshmipuram, **10.30 am to 1 pm.**
- **Dr. Devaki Madhav & Shishya Vrinda:** Book release — Dr. Devaki Madhav's 'Scientific Pranayama' and 'Impact of Science of Pranayama' — Suttur Seer Sri Shivarathri Deshikendra Swamiji graces the occasion, Dr. Yogi Devaraj, Vice-Chancellor, Yoga University of the Americas, Florida, Bengaluru and President, RGYA and YUVA, Nagalakshmi, Scientist/ Engineer, Associate Project Director, ISRO, Bengaluru and Dr. Rajashekar Reddy, Neurosurgeon, Head of Neuroscience, Cancer Care India, Bengaluru, will be the guests of honour, Sarada Vilas Centenary Hall, Krishnamurthypuram, **10.30 am.**

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